

Some questions often asked by new non drinkers:

What do I say and do at a drinking party?

Should I keep liquor in the house?

How do I explain to people why I'm not drinking now?

What about sex?

What about insomnia?

What about drinking dreams?

Should I go into bars?

What can I do when I get lonely?

As long as I'm happy, am I safe?

Should I seek professional help?

Is it necessary to give up old companions and habits?

We are exploring these and other questions in the book *Living Sober*
Wednesdays at:

Our Primary Purpose Group (Mon-Sat)

9 AM Boulevard Methodist Church
113 Grand Boulevard, Binghamton, NY

(Enter on Floral Ave. side door)

(Monday is a 12 Step meeting)

(Wednesday is a Living Sober Book meeting)

(Last Saturday is a Speaker meeting)

These are all Open Meetings

